



FREEDOM LEISURE THE STOUR CENTRE

Client
Freedom Leisure

Architect
Arkon Associates

Sept 2020 - Jan 2021

£4.5m

- A multi-million-pound refurbishment of the Stour Centre in Ashford was successfully delivered in just 27 weeks, transforming the facility into a modern, community-focused leisure destination
- The design and build project revitalised the existing building, introducing new spaces aimed at increasing participation and supporting health and wellbeing across the local area
- A new soft play area and upgraded pool features were added to make the centre more appealing for younger children and families
- The reception area was reconfigured with improved access control through new turnstiles, and a refreshed café area was created to enhance the visitor experience
- The project also included the installation of new curtain walling, external windows and doors, significantly improving the building's appearance and energy efficiency
- A key highlight was the creation of an extended gym, offering a wide range of facilities including dedicated rooms for spin classes, circuit training and aerobics
- As part of the upgrade, the existing mechanical and electrical (M&E) systems were fully replaced. This included new distribution boards, air conditioning units, and other infrastructure to support the enhanced layout and increased capacity
- Delivered within a tight programme, the refurbished Stour Centre now offers high-quality, inclusive facilities that better serve the needs of the community and support long-term health outcomes in the area



FREEDOM LEISURE THE STOUR CENTRE

